


# McCabe Park Regional Community Center

101 46<sup>th</sup> Avenue North, Nashville, TN 37209 - 615-862-8457

Dance Studio Gymnasium (\$)- Paid Class	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm
<b>Spring 2021 Program Schedule</b> “Subject To Change”  <u>Facility Coordinator</u> Anthony Cooper  <u>Program Coordinator</u> Cassie Deas  <u>Recreation Leaders</u> Julian Adams Christopher Slaughter Nikkia Gaulden Arkee Perkins Collin Herron Allan Townsend  <u>Fitness Class Fee</u> \$4.00 per class \$40.00 for 10 classes  <u>Fitness Center Fee</u> \$3.00 per visit \$20.00 per 10 visits \$30.00 per month  <u>*Discounted Rates</u> \$1.50 per visit \$10.00 per 10 visits \$20.00 per month  <i>*Discounted rates apply to teens ages 13- 17, Seniors ages 62+, college students, &amp; military personnel. Valid ID required</i>	6:00am-9:00am Open Gym	6:00am-7:00am Zumba(\$) Janet Duke	6:00am-9:00am Open Gym	6:00am-7:00am Zumba(\$) Janet Duke	6:00am-9:00am Open Gym	8:00am-9:30pm ½ Court Basketball
	9:00am-10:30am Parent and Tot Open Gym	9:00am-10:30am Parent and Tot Open Gym	9:00am-10:30am Parent and Tot Open Gym	9:00am-10:30am Parent and Tot Open Gym	9:00am-10:30am Parent and Tot Open Gym	9:30am-10:30am Zumba(\$) Janet Duke
	11:00am-2:30pm Adult ½ Court Basketball	11:00am-1:00pm Pickleball	11:00am-2:30pm Adult ½ Court Basketball	11:00am-1:00pm Pickleball	11:00am-2:30pm Adult ½ Court Basketball	10:30am-12:00pm Full Court Basketball
	3:00pm-5:30pm After School Program	3:00pm-5:30pm After School Program	3:00pm-5:30pm After School Program	3:00pm-5:30pm After School Program	3:00pm-5:30pm After School Program	***** When Metro Nashville Schools are out for breaks, the After School Program will be from 10AM-4PM. Ages 6-14. *****
	5:30pm-7:15pm ½ Court Basketball	5:30pm-7:15pm Open Gym	6:00pm-7:00pm Achilles Program	5:30pm-7:15pm ½ court Basketball	5:30pm-7:15pm Open Gym	5:30pm-7:15pm ½ Court Basketball
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Schedule is subject to change